

Unconventional Career

Respiratory Therapist

One of the jobs U.S. News and World Report considered lesser-known among those tapped on its Best Jobs of 2020 list, Respiratory Therapist commands a decent average earning. Its anticipated job growth rate is 20.8% between now and 2028, and its low-stress levels and possibilities for work-life balance helped it earn its high ranking.

Respiratory Therapists are certified medical professionals who treat problems with the lungs or breathing. They are not doctors but work closely with them to diagnose and monitor the patient's condition.

When is a Respiratory Therapist Required?

Respiratory Therapists handle breathing or airway problems that can arise from a wide variety of conditions and events. These include:

- Asthma
- Bronchitis
- Cystic fibrosis
- Sleep apnea
- Babies who are born prematurely before their lungs are fully grown
- Parkinson's disease
- Prolonged Operations
- Acute respiratory distress syndrome. This is a very serious condition that can happen after an injury or illness like COVID-19, which is caused by the new coronavirus
- Spinal Muscular Dystrophy
- Chronic Obstructive Pulmonary Disease (COPD)
- Auto accidents or other trauma that prevents breathing

They may work in emergency rooms, intensive care units, outpatient clinics, nursing homes. Some specialize in working with infants and babies or with seniors.

Respiratory Therapists also help a patient understand how best to manage their illness. They may teach how to:

- Prevent the symptoms
- Follow the treatment plan at home
- Know when to call the doctor

Local and International Universities offering Degree of a Respiratory Therapist

- **Universities in Pakistan**

Please follow the link below for details:

<https://www.eduvision.edu.pk/institutions-offering-respiratory-therapy-with-field-medical-sciences-at-bachelor-level-in-pakistan-page-1>

- **International Universities**

Please follow the link below for details:

<https://www.niche.com/colleges/search/best-colleges-with-respiratory-care-therapy/>