



APSACS Early Years 'Tarbiat' Programme

Introduction

The early years of a child's life (from birth to 8 years) provide the foundation for the development of lifelong skills and all subsequent lifelong learning. Good health, a safe and nurturing environment as well as the right kind of mental stimulations give a child a strong frame work for growth and helps ensure later success at school, at work and in society. International research suggests that early interventions provide a unique opportunity to avoid future learning problems, including reduction in dropout in primary years in addition to benefiting the family, community and society.

Several studies have been carried out that scientifically demonstrate the benefits and returns of investment in early childhood development programs. For example, there is less repetition and better progress towards completion of primary schooling for those children who are enrolled in an early childhood program. Early Childhood Education- ECE programs are effective and very important for helping children develop the skills they need to be successful throughout the life. These programs help to make sure that children are ready to learn. School readiness provides children an opportunity to experience social and economic mobility.

Tarbiat : Molding & Refining Child's personality

While it's normal for preschoolers to still be self-centered, teaching manners reminds them that other people in the world matter and deserve respect. This is a great age to teach social graces because the child is naturally eager to please his parents and teachers. Parents and teachers are both partners in initiating 'Tarbiat' of preschoolers.

APSACS Values Education Programme is strongly linked to the concept of developing self awareness, empathy for others, respect of peers and adults, courtesy, acceptance of diversity. These are the main characteristics which help in shaping the personality of a child in these formative years.

Implementation strategies for *Tarbiat*:

1) Intervention for Parents

Parents are the primary source of *Tarbiat* , Religious and Cultural Values Development in their off springs. However, being strategic partners of the school community they are also responsible to **support** school in developing positive behaviors & values being stressed in school. The bedrock of any value system is religion (Islam and all other religions). Parents need to know that the most important outcome of any formal or informal education system is not grades only but the transformation of children into good human beings.

The missing factor of 'Tarbiat' in the up bringing of young ones has to be revived and schools will be partners in developing basic manners relating to self and others. To sensitize the parents, schools will initiate informational Brochures on the importance of Early Years and the importance of the "Tarbiat" component.

Furthermore **Parents Awareness Sessions** will be held by the school to stress upon the importance of 'Tarbiat' at home. Parents will be encouraged to help teachers in story telling and other such activities.

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2) Interventions for teachers:

Being loco-parents, teachers are equally responsible to create an environment where basic manners are modeled and children's personalities are shaped into well adjusted

members of society. APSACS will sensitize teachers through Training sessions to embed the Tarbiat element in their routine practices through practical activities to develop positive self concept, respect for self and others & Empathy.

3) Home School Partnerships:

In the learning triad parents are one of the stakeholders and must contribute in the better upbringing of their child. APSACS schools will ensure participation of parents in the Tarbiat at school. They will be partners in relating stories depicting values and morals and will be invited to activities held in school to develop personal and social skills.

4) Role of Parents Teachers Associations (PTAs):

The PTAs in school had a very effective role long time back. This role needs to be revived and active members of the parental community should meet and discuss the issues regarding social emotional development of their children. This will bridge the gap between parents and teachers. Positive relationships between the school and parents will ensure better development of the child. Family involvement activities to occur on a monthly basis to encourage the ongoing participation of family members in the school life. The PTA members will convene periodic family events at school such as Open Houses and Parenting Sessions. Newsletters and bulletin boards will keep the parents updated about the activities for them and their children. Families will attend parent and community meetings, one to one parent conferences, and contribute their time, talents, and care to the classroom.

Tarbiat Themes and planned Activities Template

Sr	Cold Region Weeks of Academic Calendar	Warm Region Weeks of Academic Calendar	Tarbiat Themes	Parent / Student/ Teacher Partnership Activities
1	17 th & 18 th	11 th ,12 th &13 th	Self <ul style="list-style-type: none"> • Health • Fitness • Personal Hygiene 	<ul style="list-style-type: none"> • Healthy recipes cooking class • Back yard games • Make your own PT moves • Hand washing and teeth brushing schedule chart
2	2nd Term 2 nd ,3 rd & 4 th	14 th ,15 th &16 th	School <ul style="list-style-type: none"> • Rules • Responsibilities • Care 	<ul style="list-style-type: none"> • Puppet making and • Small note books made of leftover stationary • Donations e.g. toys, books for the class
3	5 th ,6 th &7 th	17 th & 18 th	Patriotism <ul style="list-style-type: none"> • Environment • Traffic rules • Public Property 	<ul style="list-style-type: none"> • Recycling bins at home & school • Art on Recycling bins • Water Guard Badge Art work • Water conservation in charge • Walk on the right side of stairs and corridors and footpaths
4	8 th ,9 th &10 th	2nd Term 2 nd ,3 rd & 4 th	Hygiene <ul style="list-style-type: none"> • Class • Home • Neighbourhood 	<ul style="list-style-type: none"> • Awareness talks from health professional parents • Pet hygiene in charge • Wash toys regularly
5	11 th ,12 th &13 th	5 th ,6 th &7 th	Respect <ul style="list-style-type: none"> • Family • Elders • Teachers 	<ul style="list-style-type: none"> • Courtesy greetings for all including ancillary staff and domestic helpers • Invite grandparents especially on their birthdays • Cards for grandparents(Art work)
6	14 th ,15 th &16 th	8 th ,9 th &10 th	Manners <ul style="list-style-type: none"> • School Time • Home Time • Play Time 	<ul style="list-style-type: none"> • Courtesy words • Courtesy gestures eg opening the door for others. • Table mats (Art work) • Safety squad badge(Art work)

Sr	Cold Region Weeks of Academic Calendar	Warm Region Weeks of Academic Calendar	Tarbiat Themes	Parent / Student/ Teacher Partnership Activities
				<ul style="list-style-type: none"> • Little helper badge (Art work)
7	17 th & 18 th	11 th ,12 th &13 th	Caring <ul style="list-style-type: none"> • Sharing • Forgiveness • Helping 	<ul style="list-style-type: none"> • Donation of toys and books for the needy • Help one family member at least once a day e.g. bringing hand bag for mom etc. • We Care Cards filing family members or friends • ‘Friends again’ cards (after a quarrel with friends) • Good Deed boxes
8		14 th ,15 th &16 th	Gratitude <ul style="list-style-type: none"> • Allah’s Blessings <ul style="list-style-type: none"> • Parents • Teachers 	<ul style="list-style-type: none"> • Thanking Allah Taala before eating lunch after reciting بِسْمِ اللّٰهِ • Book marks of “Alhamdulillah”(Art work) • Thank you cards (Art work)
9		17 th & 18 th	Confidence <ul style="list-style-type: none"> • Learning Skills • Speaking • Games 	<ul style="list-style-type: none"> • Role Plays • Spelling bees 2 + 3 letter words • Learning game e.g. Name, place, animal

Note: These themes to be carried out throughout the session. Schools can select any theme first as per their own ease.

Sr	Activities	Guidelines for Parent Participation
1.	Morning meetings	<ul style="list-style-type: none"> • Do – create a ‘Classroom Quotes’ chart. Note down sharable remarks of children on values. • Do – give more talk time to the students. • Do – encourage the shy children to participate • Don’t – tell long stories during morning meetings

2.	Games,	<ul style="list-style-type: none"> • Do – choose team games for fun & fitness. • Don't – make fun of the losing team or player.
3.	Awareness campaigns e.g. Healthy food & fitness etc	<ul style="list-style-type: none"> • Do – Include awareness poster in Arts activity • Do – Pin up the Poster in the school notice board • Do – Initiate the awareness of home also
4.	Art work,	<ul style="list-style-type: none"> • Do – Help in clutter free organized art + activities • Don't – Focus only on your child
5.	Prayers	-
6.	Poems & songs	<ul style="list-style-type: none"> • Do – Ask your child to surge then learnt poems + songs at home
7.	Puppet shows	<ul style="list-style-type: none"> • Do – help in making & providing puppets for purposeful Puppet shows
8.	Story time	<ul style="list-style-type: none"> • Do – Read expressively and have fun • Do – Pause and let children predict • Do – Read clearly and ask Question in the end
9.	Field trips	<ul style="list-style-type: none"> • Do – Volunteer for field trips to the parks etc as safety parent

Remember --- The parents are participating to assist in Tarbiat Programme not to assist in teacher tasks

Schools are strongly advised that, at present, parents are to be involved in Tarbiat Program Activities only, avoid Parents' assistance in routine activities.

Monitoring & Analysis System:-

*** Device your own system**

Schedules for parents

- Pin up on the notice board outside the classroom door or outside Preschool SH office.
- The willing parents can fill the suitable Time and Day for their participation.
- Whatsapp group can help in encouraging more parents to participate.
- One parent per day for max 1 hour or two consecutive activities combined.
- Schedule each parent not more than twice a month.
- Grandparents can participate in story time.

Sr	Suggested Time slots for Parent Participation	Tasks
1	Assembly / Morning Meeting	Assisting the teacher in class presentation preparation Noting down children's remarks for ' Classroom Qoutes'
2	Lunch Time and Break	Table manners and settings Safe play and Healthy eating
3	Story Time / Library Time	Story book reading. ---Sharing of learning experiences. Leading a class book club
4	Games / EPL	Fair play --

Sample Calendar

August 2018

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31				1	2	3	4
32	5	6	7	8	9	10	11
33	12	13	14	15	16	17	18
					Mother of Ali, Time 11am-12am	Mother of Nida Time 9am-10am	
34	19	20	21	22	23	24	25
35	26	27	28	29	30	31	